

NATHAN R. DALY, PhD
Clinical Psychologist
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SUMMARY

- I have over ten years of experience in the mental health field, and my professional background includes extensive specialization in complex trauma, dissociative disorders, and the psychological impacts of sexual and interpersonal violence across the lifespan, supported by both advanced clinical training and trauma-focused research.
- I have provided trauma-informed assessment and treatment across multiple clinical settings, including inpatient psychiatric hospitals, specialized trauma programs, and outpatient practices, working with individuals experiencing chronic developmental trauma, prolonged sexual abuse, severe dissociation, and high-acuity trauma presentations.
- I maintain a private practice where I focus on delivering comprehensive diagnostic clarification and trauma-informed treatment to complex cases, including differential diagnosis of Complex PTSD, dissociative disorders, personality disorders, and trauma-related functional impairment.
- In addition to direct clinical care, I contribute to the trauma field through supervision, consultation, and reviewing research on trauma disorders, trauma-related memory, dissociative processes, and sexual abuse.

EDUCATION

- **Doctorate in Clinical Psychology (PhD)**
Nova Southeastern University, August 2021
Dissertation: Relationship of Child Sexual Abuse Survivor Self-Perception of Consent to Current Functioning
- **Master of Science (MS) in Clinical Psychology**
Nova Southeastern University, September 2018
- **Bachelor of Arts and Sciences (BAS) in Psychology, with Honors**
Saint Louis University, August 2015

PROFESSIONAL CLINICAL & TRAINING EXPERIENCE

Private Practice, A Way Healing, PLLC, Denver, CO 01/2023-Present
Clinical Psychologist

- Provide individual therapy and assessment using IFS, Somatic Experiencing (SE), Contextual Trauma Therapy (CTT), relational psychotherapy models, TF-CBT, and contemplative approaches. Treat adolescents and adults (15–65) with histories of childhood sexual abuse, childhood physical abuse, adult sexual assault, and intimate partner violence.
- Subspecialty in treating LGBTQ+ trauma survivors

- Deliver couples therapy informed by Emotion Focused Therapy (EFT), IFS, SE, and CTT, focusing on relational and attachment disturbances related to developmental trauma and intimate partner violence.
- Provide clinical consultation to mental health professionals regarding treatment planning for clients with complex trauma and dissociative spectrum presentations.

LifeStance Health, Inc., Weymouth, MA

Clinical Psychologist

05/2022-02/2023

- Conducted individual therapy and assessment with adolescents and adults presenting with histories of childhood abuse, adult sexual assault, and intimate partner violence
- Provided couple therapy informed by EFT, IFS, SE, and CTT, addressing the relational impacts of developmental trauma
- Offered peer supervision to psychology trainees treating clients with complex trauma and dissociative disorders

Clinical Psychology Postdoctoral Fellow

08/2021-05/2022

- Delivered trauma-informed individual and couple therapy using IFS, SE, CTT, relational therapies, and TF-CBT
- Treated adolescents and adults with complex developmental trauma and dissociative spectrum presentations

Brattleboro Retreat, Brattleboro, VT

07/2020-07/2021

Clinical Psychology Pre-Doctoral Intern

- Facilitated group therapy using ACT, DBT, and process-oriented interventions in inpatient units specializing in the treatment of LGBTQ+ adults with histories of childhood abuse, adult assault, intimate partner violence, and unhoused status
- Conducted neuropsychological testing and assessment with patients experiencing dissociative spectrum disorders and complex traumatization
- Engaged in interdisciplinary diagnosis and treatment planning with the psychiatry team
- Provided individual therapy in inpatient and outpatient settings to survivors of childhood abuse, intimate partner violence, and adult assault
- Applied third-wave cognitive-behavioral approaches, IFS, family systems theory, CTT, and problem-posing educational models
- Provided couples therapy informed by EFT
- Supervised Bachelor's and Master's level mental health providers

Trauma Resolution & Integration Program (TRIP), NSU

08/2018-05/2020

Clinical Psychology Trainee

- Provided trauma-focused individual therapy using IFS, somatic experiencing, cognitive-behavioral, humanistic, relational, and attachment-based approaches
- Conducted biopsychosocial evaluations, psychological assessments, and integrated report writing for survivors presenting with traumatogenic symptomatology
- Facilitated DBT skills training groups for survivors of childhood abuse, intimate partner violence, and adult sexual assault

- Treated clients diagnosed with posttraumatic disorders, severe mental distress, mood and anxiety disorders, substance use, sexually problematic behaviors, eating disorders, personality disorders, and gender dysphoria
- Specialized in work with LGBTQ+ trauma survivors
- Established and facilitated the Male-Identifying Survivors of Trauma (MIST) group

Child & Adolescent Traumatic Stress Program (CATSP), NSU 08/2017-08/2018

Clinical Psychology Trainee

- Provided individual and family therapy using play therapy, family systems, psychodynamic, and cognitive-behavioral orientations for children, adolescents, and adults impacted by childhood abuse and caregiver-perpetrated violence
- Conducted biopsychosocial evaluations for minors reporting abuse
- Conducted psychological evaluations for parents referred for court-mandated assessments related to abusive behavior
- Treated clients diagnosed with ADHD, PTSD, depressive disorders, anxiety disorders, conduct disorder, and oppositional defiant disorder

MaleSurvivor.com

09/2016-09/2017

Trauma Resource Specialist

- Provided written support and guidance to male survivors of childhood and adult sexual and physical assault

Transitions of Western Illinois, Quincy IL

02/2016-08/2016

Crisis Specialist

- Conducted crisis assessments for minors impacted by neglect, physical or sexual abuse, and exposure to intimate partner violence
- Provided case management and in-home visits for minors and families
- Managed a caseload of adults in long-term care with severe mental illness, developmental disabilities, and histories of violence-related convictions
- Delivered cognitive and behavioral interventions to support daily functioning and reduce compulsive behaviors

Midwest Institute for Addiction, St. Louis, MO

08/2014-08/2015

Undergraduate Practicum Student & Alumni Group Coordinator

- Facilitated alumni groups, coordinated outreach, and provided structured debriefing

OTHER CLINICAL & RESEARCH EXPERIENCE

Trauma Resolution & Integration Program (TRIP)

05/2019-05/2020

Psychology Services Center, NSU, Fort Lauderdale, FL

Program Clinic Coordinator

- Served as the first point of contact for community members seeking trauma-focused services
- Provided consultation and administrative support to doctoral-level psychology trainees
- Screened incoming clients and assigned them to appropriate treatment teams.

- Trained trainees in clinical and research protocols
- Offered peer supervision and consultation to doctoral-level practicum students
- Provided supervision and live observation of clinical work, including DBT skills sessions

Trauma Resolution & Integration Program (TRIP) 02/2017-09/2019

Psychology Services Center, NSU, Fort Lauderdale FL

Research Coordinator

- Managed archival and ongoing trauma research databases
- Oversaw studies examining the psychological impacts of childhood abuse, the developmental trajectory of repeated traumatization, and treatment outcomes associated with Contextual Trauma Therapy
- Coordinated and co-facilitated research team meetings and trained research assistants in SPSS and data management
- Maintained IRB compliance and assisted team members conducting independent research

Sociodrama Active Shooter Seminar 09/2019

NSU, Fort Lauderdale FL

Consultant

- Consulted on the development of an active-shooter psychodrama enactment for educational purposes
- Provided supportive counseling to distressed participants

TEACHING EXPERIENCE

Adjunct Professor, Naropa University, Boulder, CO 01/2023-05/2023

Master's in Clinical Mental Health Counseling Program

Course: Research and Program Assessment

- Developed and presented course lectures
- Designed and graded course assignments
- Mentored students on research proposal development

Teaching Assistant, Naropa University, Boulder, CO 08/2022-12/2022

Master's in Clinical Mental Health Counseling Program

Course: Family Therapy

- Assisted with lecture facilitation and provided student support
- Led small-group sessions analyzing core course concepts
- Graded written and presentation-based assignments

Teaching Assistant, Nova Southeastern University, Ft. Lauderdale, FL 01/2020-08/2020

Course: Crisis Intervention

- Created test questions and preparation materials
- Held office hours and provided student support

Teaching Assistant, Nova Southeastern University, Ft. Lauderdale, FL 01/2019-05/2019

Course: Case Conceptualization

- Delivered a guest lecture on Trauma-Informed Care and Contextual Trauma Therapy

- Held office hours for student consultation

Teaching Assistant, Nova Southeastern University, Ft. Lauderdale, FL 05/2018-08/2018

Course: Research Methods and Design

- Addressed student questions and provided term paper consultation
- Graded term papers and weekly assignments

PROFESSIONAL LEADERSHIP & SERVICE

Clinical Competency Exam Restructuring Committee

Nova Southeastern University

September 2019 – January 2020

- Organized student feedback sessions to support exam restructuring.
- Synthesized student feedback and presented recommendations to the committee.

Student Editor, APA Division 29

February 2017 – August 2017

PROFESSIONAL MEMBERSHIPS

- American Psychological Association (2016–present)
- APA Division 56, Trauma Psychology (2016–2018)
- APA Division 29, Society for the Advancement of Psychotherapy (2016–2018)
- Psi Chi Psychology Honor Society (2015–present)
- Society for the Exploration of Psychotherapy Integration (2018–present)

GRADUATE RESEARCH EXPERIENCE

Dissertation 01/2019-08/2021

Title: Relationship of Child Sexual Abuse Survivor Self-Perception of Consent to Current Functioning

Nova Southeastern University

Chair: Steven N. Gold, Ph.D.

Committee: Christian DeLucia, Ph.D.; Jennifer Davidtz, Ph.D.; Scott Poland, Ph.D.

Trauma Resolution & Integration Program (TRIP), Nova Southeastern University

Primary Investigator 08/2017-08/2021

- Conducted a systematic review related to sexual abuse severity measures
- Coded 361 articles; synthesized 49 articles for final review
- Conducted thematic synthesis of study characteristics and outcomes

Senior Graduate Research Assistant

02/2017-06/2020

- Contributed to the development of a comprehensive Sexual Abuse Severity (SAS) Scale
- Assisted with confirmatory factor analyses
- Participated in research on the therapeutic alliance and treatment outcomes

- Created SPSS syntax, designed codebooks, and supervised junior researchers

Graduate Research Assistant

08/2017-06/2020

- Analyzed data examining the impact of bystander presence on adult CSA survivors
- Generated FES profiles for survivors of prolonged childhood abuse and conducted comparative analyses

EDITORIAL EXPERIENCE

- Ad Hoc Reviewer, Psychological Trauma: Theory, Research, Practice, and Policy (May 2019 – June 2020)
- Ad Hoc Reviewer, Training and Education in Professional Psychology (May 2019 – June 2020)

CERTIFICATIONS & SPECIALIZED TRAININGS

Structured Clinical Interview for DSM-5 Dissociative Disorders (SCID-D)

- Certified in administration and scoring (October 2016)

VOLUNTEER & COMMUNITY SERVICE

Northside Soccer Academy

10/2014-10/2015

Board Member

- Supported outreach and fundraising efforts for an urban futsal program serving ethnic and racial minority youth

Annie's Hope Death & Bereavement Camp

03/2015

Weekend Retreat Facilitator

- Facilitated youth groups for adolescents (ages 12–17) who had experienced the loss of a loved one.